

# Meet your healthcare concierge.

With Included Health, you get the care you need, the way you want. Plus, our services are available to Uniti employees and their eligible dependents enrolled in a Uniti medical plan.

## Here's how we can help:



### See your benefits in one place.

With the Included Health app, you can access and explore all your benefits.



### Find high-quality care.

Search easily for in-network doctors nearby who have availability to see you.



### Keep track of your costs.

Stay up to date on how much you've spent towards your deductible.



### Check you're not being overcharged.

We'll work directly with your insurance to help resolve billing and claims issues.



### Get answers to healthcare questions.

You've got 24/7 support from a care team who can answer all of your questions.

## Support is here when you need it.

### Find local care:

- I need to find a new doctor.
- I am struggling with a new diagnosis/medication and want to find a provider.

### Understand how much you're spending:

- I have a question about a claim or an error on my bill.
- I need to understand what my plan covers, deductible balance, out-of-pocket max, etc.
- I received a bill from the doctor I don't understand.
- I have a question about how much a procedure would cost.

### Learn more about your benefits:

- I need to understand what other benefits Uniti offers.

Included Health - available at no cost to Uniti employees enrolled in a BCBS or UMR medical plan and their covered dependents - is HIPAA-compliant. Your information is private and confidential.



download the app

## Activate your account.

[includedhealth.com/uniti](https://includedhealth.com/uniti)

1-855-524-8426



# Frequently asked questions

## What is Included Health?

We're a trusted health resource made available to you through Uniti. We are your first destination and resource for all your everyday healthcare needs. Our services include: Finding you high-quality, in-network doctors, facilities and specialists; explaining your Uniti healthcare benefits; and answering any questions you may have about your insurance.

## When should I use Included Health?

- You're searching for a new doctor or therapist and need help finding one who's in-network and close to home. Use the Included Health app to search for high-quality providers nearby.
- You have questions about your insurance. Simply call or open the Included Health app to chat with a care coordinator for help.
- You think you're being overcharged for a healthcare service. We'll work with your insurance to quickly resolve billing and claims issues.
- You're not sure which of your Uniti benefits or programs you should use. We'll help you explore the different health benefits or programs available to you and when to use them.

## Who is eligible for Included Health?

We're available to Uniti employees and eligible dependents who are enrolled in an Uniti sponsored medical plan.

## How much will this cost me?

Included Health services are available at no additional cost to you or your eligible dependents. Regular cost sharing provisions (for example coinsurance) will apply to any treatments or procedures performed as a result of an in-person Office Visit arranged through your care team. Your care team will find the doctor, collect all relevant medical records, and, if necessary, schedule the appointment free of cost.

## Will this remain confidential?

Yes, everything you share with us is completely confidential.

## What should I do if I have more questions?

Call **1-855-524-8426** or email **support@includedhealth.com**. Or download the Included Health app to chat with your care team.

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